

**Please
give
blood.**

©2009 The American National Red Cross



**American
Red Cross**

The need is constant.
The gratification is instant.
Give blood.™

1-800-GIVE-LIFE
redcrossblood.org

Mobile Container Terminal Community Blood Drive

Thursday, May 19, 2011

10:00 a.m. - 3:00 p.m.

American Red Cross Bloodmobile

All presenting donors will receive an American Red Cross T-shirt and will be entered into a regional drawing for a set of round-trip tickets with Delta Airlines.

Please contact:

Amy Beard

251-410-6080

Amy.beard@mobilecontainerterminal.us

We will also be using an ALYX machine. The ALYX machine is a machine that collects red blood cells. It takes the blood out and spins out the red cells and puts the rest back into the donor. It's pretty neat, if you have never seen it. Red blood cells are the purest form of blood and it is what we need most, due to its lower level of rejection. This type of donation counts as two units toward your goal. This process will take a little longer than a normal donation (about 15-20 minutes longer on the bed). It has a smaller needle and because it gives you back fluids, some say they feel better after ALYX than a normal whole blood donation. Most of our ALYX donors will only do ALYX after they start on it. There are some requirements. Most ALYX donors are male, because for a female to donate, they need to be at least 5'5" and weight 175 lbs. A male needs to only be 5'1" and weigh 150 lbs. You also have to be a certain blood type (O+, O-, A- and B-). There is a lot about this kind of donation, but it really is the best way to donate, if you can do it. If you would like to go ahead and make an appointment for either blood donating machines just get with me. I will go ahead and make your appointment in the system.